







Information. Well Crafted.

FIREFIGHTERS CHECK FIRE HYDRANTS

During the next several months, firefighters are implementing the annual hydrant inspection and maintenance program within the City of Hickory. Firefighters will be working very close to busy streets, while flowing water from hydrants. Motorists are encouraged to reduce their speed and exercise extreme caution when their path of travel will pass nearby hydrants being checked.

Although firefighters check hydrants for various reasons, the main priority is to ensure that each hydrant is verified for usage in the event of a fire. While flowing each hydrant, firefighters also use instruments to calculate the amount of pressure and available water. This proactive approach is also important in maintaining the City's current fire insurance rating.

Another benefit of this program is that flushing hydrants helps keep the water clear and clean; however, as a consequence of flushing, sometimes this operation causes brief discoloration. If this should occur, call the City of Hickory at (828) 323-7500 to flush the main line. After the main line is cleared of discoloration, homeowners should turn on an outside spigot to clear up the water inside the residence. Refrain from using hot water as soon as possible after experiencing discoloration to prevent the hot water heater from getting discolored.

With more than 2,000 City hydrants, completing this process will take several months. Typically, this will be done between 8 a.m. and 3 p.m. Occasionally, they will have to perform checks during weekends when it is impractical or not feasible to do so during the weekday.

If residents have questions or concerns, they are encouraged to call the Hickory Fire Department at (828)323-7420 or City of Hickory Public Utilities at (828) 323-7427.

Follow the Hickory Fire Department on Facebook to find daily updates specifying which districts are being worked on each day.

www.Facebook.com/HickoryFireDepartment



One week in May every year is proclaimed Tourism Week in North Carolina, but since there are so many fun things to explore in the Hickory Metro, the Hickory Metro

Convention and Visitors Bureau is celebrating the entire month and calling it "31 Days of May." The calendar includes everything from visiting local parks and attractions, like the Hickory Crawdads, Hickory Motor Speedway, Catawba Science Center, Hickory Community Theatre, and more, to shopping at the Hickory Furniture Mart, which is visited by more than 500,000 people each year, and visiting local restaurants.

Follow the Hickory Metro Convention and Visitors Bureau on Facebook, Twitter, Instagram @HickoryMetroCVB.

City of Hickory and YMCA Swim Partnership Provided through the Parks and Recreation Department

The fee for YMCA swim lessons is waived for any City of Hickory resident when a residency form is completed at either Highland or Ridgeview Recreation Centers or the Administrative Offices at Highland Recreation Center.

Contact the Hickory Foundation YMCA for registration dates.





Session 1 June 20 - 30 Session 2 July 11 - 21 Session 3 July 25 - Aug 1 Session 4 August 8 - 18

HICKORY CITY COUNCIL

June 7 & 21 at 7 p.m. Julian G. Whitener Municipal Building (City Hall)

Go to <u>HickoryNC.gov</u>, under City Council to review agendas and minutes and to view the most recent meeting.

SAILS MUSIC SERIES

Fridays, May 6 - June 24
Sails on the Square
6 p.m.

www.HickoryEventsCalendar.com

HICKORY FARMERS MARKET

Season began Saturday, April 16
Downtown Hickory under the Sails
on the Square
Wed 10 a.m. - 2 p.m. &
Sat 8 a.m. - 1 p.m.
www.HickoryFarmersMarket.com
City of Hickory Community Booth
the first Saturday of the month.

SWINGING UNDER THE STARS

Sunday, May 29 Sails on the Square 6:30 p.m. - 9:30 p.m. www.HickoryMusicFactory.com

CHARITY CHASE

Half marathon beginning and ending in Downtown Hickory.
Raises & distributes funds to NC non-profit & not for profit organizations that volunteer for the event.
Sunday, June 5
6:30 a.m.
www.CharityChase.com

SYMPHONY UNDER THE SAILS

Summer Pops Concert with the Western Piedmont Symphony Sails on the Square Sunday, June 26 6 p.m. www.WPSymphony.org

SAILS MUSIC FACEBOOK PAGE

Find us on Facebook at Sails Original Music Series!





Every four years, Catawba County Public Health is required to conduct a Community Health Assessment. Through this assessment process, Catawba County Public Health and a broad collection of partners collaborate on creating a comprehensive review of health status and opinions about health and wellbeing in the community. The report is the result of this shared community-driven process and seeks to serve as an outline of health issues, indicators, behaviors, opinions, assets, and needs to provide a full review of wellbeing in Catawba County.

Results from the assessment process have revealed areas of improvement in Catawba County since the last Community Health Assessment in 2011, as well as areas in need of community attention. Based on these results, the county has chosen specific health priorities for 2016 - 2019. These priorities are nutrition, physical activity, and chronic disease.

The priorities reflect a trend in community wants and needs identified in the health assessment. More than half of all deaths in Catawba County between 2009 and 2013 were related to chronic diseases, which can be directly related to preventable risk factor behaviors such as physical inactivity and poor nutrition. Prioritizing physical activity, nutrition, and chronic disease creates an inclusive and cross-cutting platform for a diverse set of stakeholders, resources, and target populations with different needs, interests, and perspectives. Focusing on preventable risk factor behaviors, such as promoting healthy eating and active lifestyles, can impact not only morbidity and mortality related to disease, but overall wellbeing and quality of life as well.

Action plans are currently being developed that will identify evidence-based strategies that will address these health priorities and will guide the planning and work of Catawba County Health Partners. Please view the full Community Health Assessment report at www.CatawbaCountyHealthPartners.org.



Rabies Vaccination Clinic

Sunday, May 22 1 p.m. - 4 p.m. Hickory Police Department (West Front Parking Lot)

Rabies vaccination shots for dogs and cats will be \$7 per animal and will be given by a local veterinarian.

If your pet participated in this program last year, bring the paperwork and the pet will receive a three-year rabies vaccine for \$7.

Please have dogs on leashes and cats in crates.

Sponsored by the Hickory Police Department.

For more information, please call Hickory Police Department Animal Control Officers at (828) 324-2060.